



## SPORTS AND EXERCISE MEDICINE SUMMIT



Venue: Lim Por Yen Lecture Theatre,

Hong Kong Academy of Medicine Jockey Club Building

Date: 15 December 2024 (Sunday)

Time: 0900 - 1245



## Rundown

0900 – 0905	Welcoming Remarks	Prof. Gilberto Ka-kit LEUNG, Convenor of Task Force on Sports and Exercise Medicine
0905 – 0945	What is Sports and Exercise Medicine & is Elite Sports Medicine development in Hong Kong up to standard?	Prof. Patrick Shu-hang YUNG Chairman, Department of Orthopaedics and Traumatology, CUHK
0945 – 1005	Prevention and Treatment of Sports injury - role of Emergency Physician	Dr. Debbie Kit-ying SO (HKCEM)
1005 – 1040	Sharing session: What is lacking in Sports Medicine for serving Sports Lovers?	Elite Athletes & other Guests
1040 – 1055	Break	
1055 – 1115	Evidence-based Medicine in Exercise Prescription	Dr. Eric Kam-pui LEE (HKCFP)
1115 – 1135	Sports Medicine for People with Health Risk	Dr. Fei-chau PANG (HKCCM)
1135 – 1155	Exercise is Medicine	Dr. Lobo Hung-tak LOUIE Senior Lecturer I, Department of Health and Physical Education, EdUHK
1155 – 1230	Panel Discussion: What are the obstacles and difficulties in promoting Exercise in Community?	All Speakers & Guests
1230	Closing Remarks	
1245	Lunch in Academy	All Speakers & Guests